



Collaboration by Design: Mastering the EQ of High- Performing Teams

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Speaker



Ryan connects with audiences through powerful storytelling, research, and real world case studies that drive immediate impact.

Description

High-performing teams don't happen by accident...they are built by design. **Collaboration by Design** explores Emotional Intelligence, providing a roadmap for understanding yourself, regulating your responses, reading others accurately, and managing relationships effectively. It's what separates functional teams from exceptional ones. Through practical tools and real-world application, leaders will learn how to navigate differences, reduce friction, and create more intentional, productive collaboration.

Framework: Collaborative EQ

A four-part model for aligning individual strengths with collective team performance.

Self-Awareness
Understanding your internal state and its impact on others

Self-Regulation
Regulating your responses to lead with intention

Social Awareness
Recognizing and interpreting the emotions of others

Relationship Management
Using that awareness to build trust, navigate conflict, and drive results

In this session, participants will:

- **BUILD SELF-AWARENESS:** Recognize emotional patterns that influence behavior.
- **STRENGTHEN SELF-REGULATION:** Apply techniques to regulate reactions.
- **ENHANCE SOCIAL AWARENESS:** Observe team dynamics to better respond to others.
- **ELEVATE RELATIONSHIP MANAGEMENT:** Use strategies to strengthen trust and collaboration.

Speaker Demo Reel

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“We were eager to invite Ryan back for our conference due to the overwhelmingly positive feedback from attendees. Participants consistently praised his engaging presentation style.”



Stephanie H., COPIC